

CONTEMPORARY MODERN DANCE

INDUSTRY SECTOR | Arts, Media and Entertainment
PATHWAY | Performing Arts

COURSE ESSENTIAL QUESTION:

HOW TO BUILD YOUR PERFORMANCE DANCE SKILLS

COURSE OVERVIEW:

Learn the elements of dance and the self-discipline and commitment required to dance professionally. Health and fitness, training and conditioning, rehearsal and performance preparation and career preparation standards are integrated throughout the course. Students will participate in warm-ups, across the floor progressions and choreography within a variety of dances styles while acquiring competencies for entry-level positions in the dance field. Integrated throughout the course are Common Core State Standards and Career Technical Education Standards, which include safety, security, communication, technology, ethics, career planning and other employability skills.

INFORMATION:

- A. **Pre-requisite:** [Click here to enter text.](#)
- B. **Abilities Required:** [Click here to enter text.](#)
- C. **Dress Requirement and Grooming:** [Click here to enter text.](#)
- D. **Students must master** [Click here to enter text.](#) **% of the certificate competencies to receive a certificate.**
- E. **Fee:** [Click here to enter text.](#)
- F. **Course Length:** [Click here to enter text.](#)
- G. **Textbook:** [Click here to enter text.](#)
- H. **UC a-g Approved:** Choose Yes or No
- I. **Industry Certification:** Choose Yes or No
- J. **Sequencing to Include a Capstone:** Choose Yes or No
- K. **Community College Articulation:** Choose Yes or No
- L. **Common Core Alignment:** Choose Yes or No
- M. **Community Classroom:** Choose Yes or No
- N. **Career Technical Student Organization:** Choose Yes or No
- O. **Work-Based Learning:** Choose Yes or No

THEME: UNIT 1: Dance Technique

ENGAGING TITLE:

ESSENTIAL QUESTION: So you think you can dance?

INSTRUCTIONAL HOURS: 20 hours

Common Core Unit Objective

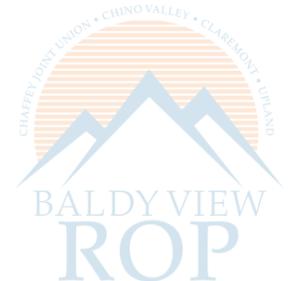
PS2.A: Forces and Motion, PS2.C: Stability and Instability in Physical Systems, LS1.A: Structure Function, LS2.D: Social Interactions and Group Behavior.

Key Assignments

- Students will learn demonstrate proper stretching techniques.
- Students will demonstrate improved flexibility and coordination through stretching that is done in class as well as steps that are learned.
- Students will identify and demonstrate dance terminology, such as names of steps.

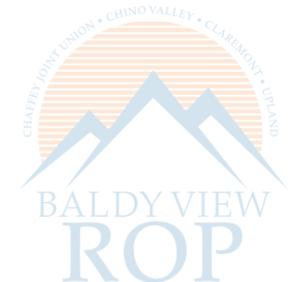
Anchor Standards

- 1.0 **Academics:** Analyze and apply appropriate academic standards required for successful industry sector pathway completion leading to postsecondary education and employment. Refer to the Arts, Media, and Entertainment academic alignment matrix for identification of standards.
- 3.0 **Career Planning and Management:** Integrate multiple sources of career information from diverse formats to make informed career decisions, solve problems, and manage personal career plans.
 - 3.4 Research the scope of career opportunities available and the requirements for education, training, certification, and licensure.
- 10.0 **Technical Knowledge and Skills:** Apply essential technical knowledge and skills common to all pathways in the Arts, Media, and Entertainment sector, following procedures when carrying out experiments or performing technical tasks.
 - 10.1 Interpret and explain terminology and practices specific to the Arts, Media, and Entertainment sector.
 - 10.4 Collaborate with industry experts for specific technical knowledge and skills.



Pathway Standards

- B1.0 Explore and formulate responses to peer and professional work using the fundamental elements of Theater, Dance, and Music.
 - B1.1 Demonstrate movement skills, process sensory information, and describe movement using the professional vocabulary of dance.
 - B1.2 Apply highly developed physical coordination and control when performing complex loco motor and axial movement phrases from a variety of genres (e.g., refined body articulation, agility, balance, strength).
 - B1.3 Apply a wide range of kinesthetic communication demonstrating clarity of intent and stylistic nuance.
 - B1.4 Differentiate dance vocabulary to describe movement and dance in a professional setting.
 - B1.5 Create and perform complicated works of dance at a level of professionalism (i.e., a high level of refinement).
 - B1.6 Perform in multiple professional dance genres integrating an advanced level of technical skill and clear intent.



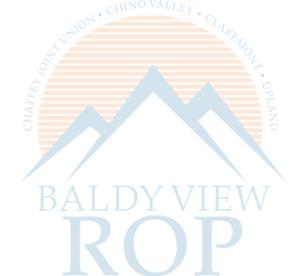
Common Core Standards

- LS 11-12.1. Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.
- LS 11-12.2. Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
- LS 11-12.3. Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.
- LS 11-12.4. Determine or clarify the meaning of unknown and multiple-meaning, words and phrases based on *grades 11–12 reading and content*, choosing flexibly from a range of strategies.
- RSL 11-12.1. Cite strong and thorough textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text, including determining where the text leaves matters uncertain.
- RSIT 11-12.2. Determine two or more central ideas of a text and analyze their development over the course of the text, including how they interact and build on one another to provide a complex analysis; provide an objective summary of the text.
- RSIT 11-12.1. Cite specific textual evidence to support analysis of primary and secondary sources, connecting insights gained from specific details to an understanding of the text as a whole.
- RHSS 11-12.9 Integrate information from diverse sources, both primary and secondary, into a coherent understanding of an idea or event, noting discrepancies among sources.
- WS 11-12.4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
- WS 11-12.10 Write routinely over extended time frames (time for reflection and revision and shorter time frames (a single sitting or a day or two) for a range of discipline-specific tasks, purposes, and audiences.
- G-MG 1. Use geometric shapes, their measures, and their properties to describe objects (e.g., modeling a tree trunk or a human torso as a cylinder).
- PS2.A: Forces and Motion
- AD 12.8.2. Describe the roles of broadcast, print, and electronic media, including the Internet, as means of communication in American politics.

RESOURCES:

Resources

Resources



THEME: UNIT 2. CONTEMPORARY DANCE

ENGAGING TITLE:

ESSENTIAL QUESTION: HOW TO BE SMARTER THAN A FIFTH GRADER AND USE DIFFERENT MOVEMENTS AND RYTHMS IN A SHORT PHRASE

INSTRUCTIONAL HOURS: 25

Common Core Unit Objective

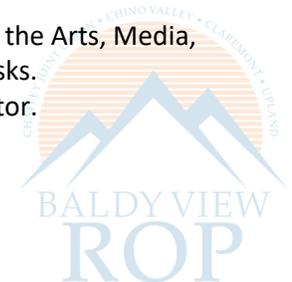
LS11-12.1, LS11-12.3, RSIT11-12.1, RSIT11-12.3, RHSS11-12.2, RHSS11-12.7, WS11-12.5, WS11-12.9, WS11-12.10, WHSST11-12.2, WHSST11-12.7, WHSST11-12.9, PS2.A, PS2.B, LS2.D, ETS1.C

Key Assignments

- Students will research from viewing on film, video, or computer notation, historical, and cultural dance in the contemporary dance forms including established choreographers and their works.
- Students will identify and apply basic music elements to construct and perform a dance.
- Students will continue to increase their levels of proper body alignment, body part articulation, muscle strength and flexibility, and coordination, in axial and locomotor movement.
- Students will create solo or group dances using the basic elements of contemporary dance (time, space and energy) and present it in front of myself and their peers,

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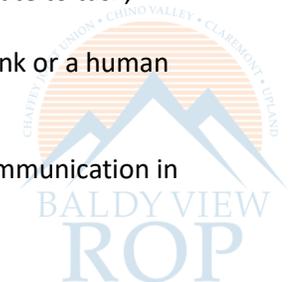


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RESOURCES:

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1. Reading:
 - a) Vision of Modern Dance: In the Words of its Creators. (paperback) by Jean Morrison, Naomi Midlin, Charles Woodford, ed., Highstown, NJ: Princeton Book Co., 1998, Page 3-42.
 - b) Part 1: The Forerunners – Isadora Duncan, Lois Fuller, Ruth St. Denis, Ted Shawn, Mary Wigman, page 43-84
 - c) The Four Pioneers. In the Words of its Creators, page 131-134, “Alvin Ailey”
2. Watch:
 - a) YouTube: Alvin Ailey American Dance Theater: Revelations – Karl Skellenger – Choreography by Alvin Ailey 32:27
 - b) Contemporary online class. KBMTalent. 18:45
 - c) Sia – Elastic Heart I Contemporary Dance Auti Kamal x Linsey Sandri. Auti Kamal. 2:45

