

COURSE OUTLINE**Course:** 96385 NURSING ASSISTANT - ACUTE**Total Course Hours:** 270.00**CBEDS Title:** NURSING ASSISTANT - ACUTE**CBEDS #:** 4280**Job Title(s):**

Hospital Nurse Assistant

Prerequisites:

State CNA certificate, TB Clearance

Course Description:

This course combines classroom and hospital training and teaches skills necessary for patient care in hospitals. Integrated throughout the course are Academic and CTE standards, which include safety, communication, technology, ethics, career planning and other employability skills.

Hours	
Class	OJT

Occupational Competencies

1-7 on the Course Outline are generic to all BVROP courses and include the BVROP Student Outcomes

3.00		1	<u>ORIENTATION</u>	<ul style="list-style-type: none"> A Identifies and discusses course objectives and competencies. B Discusses ROP Student Outcomes. C Explains class attendance and behavior objectives.
3.00	5.00	2	<u>HEALTH, SAFETY AND ENVIRONMENTAL MANAGEMENT</u>	<ul style="list-style-type: none"> A Describes accident procedure. B Demonstrates appropriate safety practices (e.g. bending, lifting, etc.). C Demonstrates knowledge of classroom procedures and drills (e.g. earthquake, fire and emergency).
3.00	5.00	3	<u>ETHICS AND LEGAL RESPONSIBILITIES</u>	<ul style="list-style-type: none"> A Defines sexual harassment and discusses tactics for handling harassment situations. B Applies appropriate workplace behavior and standards. C Describes and applies confidentiality and HIPPA regulations in a hospital setting.
3.00	20.00	4	<u>LEADERSHIP AND TEAMWORK</u>	<ul style="list-style-type: none"> A Describes the characteristics and benefits of teamwork and leadership. B Demonstrates ability to make appropriate decisions. C Works well with others and gives/takes constructive criticism.
12.00	3.00	5	<u>CAREER PLANNING</u>	<ul style="list-style-type: none"> A Prepares a finished, professional portfolio showing the best work that has been completed during the class. B Locates job opportunities through the use of want-ads and placement agencies. C Visits at least one facility related to area of training and observes jobs performed. D Completes a job application correctly. E Prepares for and critiques a simulated employment interview. F Discusses employee benefits and rights as related to the specific occupational job area including gender equity and equal opportunity. G Identifies acceptable procedures to leave a job. H Applies for a scholarship. I Completes a professional resume. J Demonstrates appropriate personal grooming and dress.

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2.00	8.00	6 <u>COMMUNICATION</u> A Uses effective workplace conversation. B Reads and interprets written information and directions. C Practices various forms of written communication appropriate to the occupation.
5.00		7 <u>STUDENT OUTCOMES</u> A Demonstrates Occupational Specific, Communication and Critical Thinking Skills B Demonstrates Responsible Work Ethics C Demonstrates Career/Employment Literacy D Demonstrates Effective Use of Technology
		8 <u>CERTIFIED NURSING CERTIFICATION</u> A Student has successfully completed the requirements to sit for the Certified Nursing Assistant written and practical certification examinations. B Student has not successfully completed the requirements to sit for the Certified Nursing Assistant written and practical certification examinations.
1.00	1.00	9 <u>CERTIFIED NURSE ASSISTANT OVERVIEW (MODULE 1)</u> A Demonstrates knowledge of ROP introduction and policies. B Displays ability to relate trainees responsibility to total certified nurse assistant program. C Displays roles and responsibilities of CNA. D Demonstrates knowledge of Title II. E Understands requirements for Nursing Assistant certification. F Displays professionalism. G Displays ethics and confidentiality.
2.00	1.00	10 <u>PROMOTING RESIDENT RIGHTS AND INDEPENDENCE (MODULE 2)</u> A Demonstrates and practices Title 22, health and safety code, Title 42 Federal Regulations. B Understands responsibility of health and safety.
2.00	1.00	11 <u>COMMUNICATIONS AND INTERPERSONAL SKILLS (MODULE 3)</u> A Demonstrates proper communication skills. B Identifies defense mechanisms. C Understands socio-cultural factors. D Demonstrates awareness of attitudes-illness and health care. E Understands the importance of family interactions.
4.00	7.00	12 <u>PREVENTION AND MANAGEMENT OF CATASTROPHE AND UNUSUAL OCCURENCES (MODULE 4)</u> A Demonstrates skill in emergency procedures. B Demonstrates and practices general safety rules. C Demonstrates and practices fire and disaster plans. D Understands roles and procedures for CNA. E Demonstrates and practices patient safety.
4.00	7.00	13 <u>BODY MECHANICS</u> A Demonstrates and identifies basic rules body mechanics. B Demonstrates transfer techniques. C Demonstrates proper ambulation technique. D Demonstrates proper use of body mechanics and positioning techniques.
4.00	3.00	14 <u>MEDICAL AND SURGICAL ASEPSIS (MODULE 6)</u> A Demonstrates knowledge of various micro-organisms. B Utilizes basic principles of asepsis. C Practices universal precautions for infection control.

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| 2.00 | 3.00 | 15 <u>WEIGHTS AND MEASURES (MODULE 7)</u> |
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- A Demonstrates knowledge of the Metric System.
 - B Demonstrates knowledge and displays weight, length and liquid volume.
 - C Demonstrates application of Military Time (24 hour clock)

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| 2.00 | 2.00 | 16 <u>RESIDENT CARE SKILLS (MODULE 8)</u> |
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- A Demonstrates skill in dressing.
 - B Demonstrates skill in bathing/medicinal baths.
 - C Demonstrates skill in oral hygiene.
 - D Demonstrates skill in shaving.
 - E Demonstrates skill in hair care (combing)
 - F Demonstrates skill in skin care, including prevention of decubitus ulcers.
 - G Demonstrates skill in prosthetic devices.
 - H Demonstrates skill in elimination needs.
 - I Demonstrates skill in pericare.
 - J Demonstrates skill in bowel and bladder retaining.
 - K Demonstrates skill in weight and measure resident.

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| 2.00 | 2.00 | 17 <u>RESIDENT CARE PROCEDURES (MODULE 9)</u> |
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- A Demonstrates skill in collection of specimens, including stool, urine and sputum.
 - B Demonstrates skill in care of patient with tubing - gastric.
 - C Demonstrates skill in care of patients with tubing- oxygen.
 - D Demonstrates skill in care of patients with tubing - urinary.
 - E Demonstrates skill in care of patients with tubing - IV.
 - F Demonstrates skill in bed making.
 - G Demonstrates skill in I & O.
 - H Demonstrates skill in cleansing enemas.
 - I Demonstrates skill in laxative suppositories.
 - J Demonstrates skill in admission, transfer, discharge.
 - K Demonstrates skill in dressing/bandages.
 - L Demonstrates skill in application of topical ointment.

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| 3.00 | 6.00 | 18 <u>VITAL SIGNS (MODULE 10)</u> |
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- A Demonstrates knowledge of purpose/factors affecting vital signs.
 - B Demonstrates knowledge of normal ranges.
 - C Demonstrates knowledge of temperature, pulse, respiration.
 - D Demonstrates knowledge of methods of measurement.
 - E Demonstrates knowledge of blood pressure.
 - F Demonstrates knowledge of abnormalities.
 - G Demonstrates knowledge of recording.

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| 1.00 | 2.00 | 19 <u>NUTRITION (MODULE 11)</u> |
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- A Demonstrates knowledge of proper nutrition.
 - B Demonstrates knowledge of feeding techniques.
 - C Demonstrates knowledge of diet therapy.

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| 2.00 | 2.00 | 20 <u>EMERGENCY PROCEDURES</u> |
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- A Demonstrates knowledge of signs and symptoms of distress.
 - B Demonstrates knowledge of immediate and temporary interventions.
 - C Demonstrates knowledge of emergency codes.
 - D Demonstrates knowledge of pain monitoring and management.

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20.00	4.00	<p>21 <u>ADDITIONAL ANATOMY AND PHYSIOLOGY</u></p> <p>A Reviews/describes diseases/disorders and related nursing care for the circulatory system.</p> <p>B Reviews/describes diseases/disorders and related nursing care for the digestive system.</p> <p>C Reviews/describes diseases/disorders and related nursing care for the endocrine system.</p> <p>D Reviews/describes diseases/disorders and related nursing care for the integumentary system.</p> <p>E Reviews/describes diseases/disorders and related nursing care for the muscular system.</p> <p>F Reviews/describes diseases/disorders and related nursing care for the reproductive system.</p> <p>G Reviews/describes diseases/disorders and related nursing care for the respiratory system.</p> <p>H Reviews/describes diseases/disorders and related nursing care for the skeletal system.</p>
6.00	2.00	<p>22 <u>ISOLATION</u></p> <p>A Describes the difference between isolation and reverse isolation techniques.</p> <p>B Administers isolation nursing care for gloving.</p> <p>C Administers isolation care for gowning and un-gowning.</p> <p>D Administers isolation nursing care for specimen collection.</p> <p>E Administers isolation nursing care for vital signs.</p> <p>F Administers isolation nursing care for bagging.</p> <p>G Administers isolation nursing care for transportation.</p> <p>H Administers isolation nursing care for charting.</p> <p>I Administers isolation nursing care for terminal and concurrent cleaning.</p>
8.00	2.00	<p>23 <u>MEDICAL TERMINOLOGY</u></p> <p>A Defines prefixes and identifies them in commonly used medical terminology.</p> <p>B Defines work roots commonly used in medical terminology.</p>
4.00	8.00	<p>24 <u>ORTHOPEDIC NURSING</u></p> <p>A Describes fractures and traction.</p> <p>B Demonstrates care for patient in: Bucks traction, cast and log roll.</p> <p>C Applies slings and supportive bandages.</p> <p>D Identifies orthopedic devices.</p> <p>E Demonstrates use of fracture pan.</p> <p>F Demonstrates back and cervical braces.</p> <p>G Demonstrates use of overhead bed frames.</p> <p>H Demonstrates use of Nelson bed and Clinatron bed.</p>
10.00	10.00	<p>25 <u>SURGICAL NURSING</u></p> <p>A Describes common surgical procedures.</p> <p>B Discusses legal rights of surgery patients.</p> <p>C Prepares pre-op patients enemas.</p> <p>D Prepares pre-op patients vital signs.</p> <p>E Prepares pre-op patients NPO maintained.</p> <p>F Completes pre-op check list for valuables.</p> <p>G Completes pre-op check list for voiding.</p> <p>H Completes pre-op check-list for vital signs.</p> <p>I Completes pre-op check list for hospital gown.</p> <p>J Completes pre-op check list for AM care.</p> <p>K Completes pre-op check list for prosthesis.</p> <p>L Completes pre-op check list for removal of nail polish/make-up/tape rings/piercings.</p> <p>M Completes pre-op check list for transfer from bed to gurney.</p> <p>N Prepares for post-op patients surgical bed.</p> <p>O Prepares for post-op patients common equipment.</p> <p>P Prepares for post-op patients special equipment.</p>

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8.00	12.00	26 <u>MEDICAL NURSING ASSISTANT</u>
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- A** Assists with cleaning catch urine specimen collection.
- B** Assists with 24 hour urine.
- C** Assists with vomitus.
- D** Assists with stool specimen.
- E** Assists with sputum.
- F** Assists with urine specimen from catheter port.
- G** Demonstrates use of aqua K. pad.
- H** Demonstrates use of sitz baths.
- I** Demonstrates use of ice packs.
- J** Demonstrates application of splints.
- K** Demonstrates application of braces.
- L** Demonstrates 3 examination positions.
- M** Demonstrates vital signs on patients with IV therapy.
- N** Defines postural drainage.
- O** Demonstrates procedure for postural drainage.
- P** Assists in observing patients for various allergic reactions.
- Q** Demonstrates procedure for straining urine for renal calculi.

8.00	12.00	27 <u>PEDIATRICS</u>
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- A** Describes preventative health practices in relation to the pediatric patient.
- B** Discusses the role of the pediatrician.
- C** Describes basic child development.
- D** Assists with admission and discharge of the child.
- E** Discusses hospitalization of the child.
- F** Demonstrates special safety precautions used with children when feeding (baby and child).
- G** Demonstrates special safety precautions used with children when bathing (baby and child).
- H** Demonstrates special safety precautions used with children for treatments (baby and child).
- I** Demonstrates care of the child in the mist tent.
- J** Lists common disease conditions of children.
- K** Names 4 purposes of lumbar puncture and the examinations done on the spinal fluid.
- L** Assists with a lumbar puncture.

Hours	
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8.00	10.00	28 OBSTETRICS
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- A** Lists methods of birth control.
- B** Names early signs of pregnancy.
- C** Describes complications of pregnancy.
- D** Describes methods of abortion.
- E** Describes fetal development.
- F** Discusses normal pre-natal care.
- G** Discusses the normal process of labor and delivery.
- H** Observes the labor and delivery recovery process.
- I** Demonstrates peri-care.
- J** Explains obstetrical complications.
- K** Assists with checking OB patients with fundus.
- L** Assists with checking OB patients with Iochia
- M** Assists with checking OB patients with breasts.
- N** Assists with checking OB patients with perineum.
- O** Assists with checking OB patients with blood pressure.
- P** Discusses newborn characteristics.
- Q** Demonstrates on newborn weighing.
- R** Demonstrates on newborn bathing.
- S** Demonstrates on newborn temping.
- T** Demonstrates on newborn dressing.
- U** Demonstrates on newborn feeding.
- V** Demonstrates on newborn cord care.
- W** Demonstrates on newborn circumcision care.
- X** Demonstrates on newborn correct positioning.

TOTAL HOURS

Class	OJT	Course
132.00	138.00	270.00