

## WHAT DOES THE PROGRAM PREPARE ME TO DO?

**Physical Therapy Aides** prepare patients both physically and psychologically for therapy under the watchful eye of a Registered Physical Therapist. The objective of therapy is twofold: the prevention of permanent disability from injury or illness and the improvement of the patient's ability to function in everyday life.

Physical therapy aides help make therapy sessions productive. They are usually responsible for keeping the treatment area clean and organized and preparing it for each patient's therapy. They escort patients to and from the treatment area. Aides encourage patients during therapy and ensure that exercises are performed correctly. Aides alert the therapist or assistant if patients have difficulty with the treatment. Because an Aide is not licensed, their role in a patient's treatment is limited.

**Athletic Trainer Aides** will be exposed to the daily activities of the training room and gain hands on experience in providing pre-hospital emergency care to athletic teams in the Baldy View ROP area.

Successful students will receive training in CPR and First Aid. They will be awarded a CPR card, and will be able to work with bloodborne pathogens in compliance with OSHA guidelines for the health care environment.



## STUDENT OUTCOMES

Upon successful completion of an ROP course, each student will:

- ❖ Demonstrate occupational specific, communication and critical thinking skills
- ❖ Demonstrate responsible work ethics
- ❖ Demonstrate career/employment literacy
- ❖ Demonstrate effective use of technology



Students will benefit by having knowledge of biology, anatomy and physiology, health & safety. Courses in Introduction to Health and CPR are also important.



## EMPLOYMENT AND OUTLOOK

Through 2005, employment of physical therapy assistants and aides is expected to grow 93% which is more than four times faster than the average for all occupations. Over half of physical therapy assistants and aides work in hospitals or private physical therapy offices. While others work in clinics, nursing homes, schools, and even inside patients' homes. In sports medicine, they may work on the sidelines at sporting events and/or perform aqua therapy at swimming pools.

Due to the ever growing enthusiasm for good health and physical fitness, more and more job openings in the related field of sports medicine and physical therapy will be available.

## SPECIAL CONSIDERATIONS

- ❖ Minimum age - 16 years old or 11th grade
- ❖ Strong interpersonal skills
- ❖ Genuine interest in the medical field
- ❖ Willingness to work with all types of people and a desire to assist people in need
- ❖ Conform to dress standards and conduct regulations of the class and the community sponsor
- ❖ Constant kneeling, stooping, and standing for long periods of time are part of the job
- ❖ Manual dexterity



## COURSE LENGTH

One semester course-option for additional training

## ROP CERTIFICATE OF TRAINING

A ROP certificate of completion, including competencies, is awarded to students who complete the course.

## HIGH SCHOOL CREDITS

Upon successful completion of the class, credits earned in ROP are forwarded to each student's respective high school. These credits may be applied toward fulfillment of the requirements for a high school diploma.

# MAKE THE CAREER CONNECTION

## for ***SPORTS MEDICINE***

### **YOUR ROP TRAINING**

#### **LEADS TO JOBS as...**

##### **Entry Level**

(High School Diploma/ROP Training)

##### **Physical Therapy in a:**

Hospital, Clinic,  
Private Physical Therapy Office,  
Nursing Home, Schools,  
Patients' Home

##### **Athletic Trainer Aide:**

Assisting at Sporting Events  
Aqua Therapy at Swimming Pools

##### **Technical Level**

(Community College Degree/ROP)

Physical Therapist Assistant  
Occupational Therapist Assistant

##### **Professional Level**

(Baccalaureate Degree)

Physical Therapist  
Athletic Trainer  
Occupational Therapist

### **ROP TEACHERS**

ROP teachers know the job market, have business and industry experience within the field they teach and are credentialed. ***LEARN FROM THE BEST WITH ROP TEACHERS.***

## WHAT IS ROP?

The Baldy View Regional Occupational Program is a cooperative vocational education effort between the Chaffey Joint Union High School District, Chino Valley Unified School District, Claremont Unified School District, and Upland Unified School District. ROP's purpose is to provide a wide variety of career preparation at the entry and technical levels to meet the needs of high school students and adults.

***Prepare for YOUR future NOW  
by enrolling in ROP TODAY!***

## ENROLLMENT INFORMATION

High school students should contact the Career Technician at their high school.

Adults should call Baldy View R.O.P. office for specific enrollment dates and available classes.

**(909) 947-3400 ext. 300**

**[www.baldyviewrop.com](http://www.baldyviewrop.com)**

Enrollment priority:

- ❖ High School Students: seniors, juniors, sophomores, 16 yrs. of age and older.
- ❖ Adults living within our geographical service area.
- ❖ Adults living outside our geographical service area

Baldy View ROP is an equal opportunity employer and asserts that it does not discriminate on the basis of race, color, creed, national origin, ancestry, religion, sex, age, or handicap in its employment or enrollment in job training programs

## SPORTS MEDICINE



A career preparation program designed to provide related instruction and practical experience.

